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Progressive Health Innovations Reports Promising Results from Athletic Performance Trial

Port Moody, BC - Progressive Health Innovations (PHI) is pleased to announce that the 18-week Athletic Performance Trial has been concluded and that the results were very promising. Both players who used the AFX reported increased agility, greater ankle stability (a chronic issue for most basketball players), and an average improvement in vertical jump of **4 inches**, which is dramatic for high-performance athletes.

"We know that the foot and ankle are under-utilized in athletic training; however, for two high-performance athletes to experience such impressive results was exciting," said Matt Ferguson, PHI President and CEO. "Clearly a larger, independent scientific study must be completed. If the results reflect those of the test trial, it bodes very well for the AFX in the athletic performance market."

PHI is currently commissioning an independent performance trial this Fall, the results of which will be made available when complete.

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About Progressive Health Innovations Inc.

www.progressivehealth.ca

Progressive Health Innovations Inc., is a privately held health technology company that develops user-friendly and affordable products for the rehabilitation, sports medicine and fitness markets. The first product line to be launched will be the AFX (Ankle Foot maXimizer), a foot and ankle-strengthening technology targeted at the multi-billion dollar rehabilitation and athletic training markets.

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